

PARENTING TODAY FORWARD: *WINTER* FOUNDATIONS GROUP

You are invited to join us for a FREE parenting class and support group that focuses on supporting families or individuals with children and teens.

To register, please call our office at **(541) 570-0284**,
tx **(541)570-7415** or
visit our website at: one2another.net/register

Child Activities are provided for some locations at this time please call O2A to see if it's in your area.

We have an open-door policy, so please join us when you can.



Coming to your community!

Albany

Starts: Thursdays starting Jan. 19

Time: 6:00pm–8:00pm

Where: First United Methodist

1115 28th Ave SW Albany

This is a parent-child group.

Youth 12+ may join this group.

Lebanon

Starts: Tuesdays starting Jan. 17

Time: 9:00am–11:00am

Where: Church of the Nazarene

600 W. D St.

Sweet Home

Starts: Tuesdays starting Jan. 17

Time: 12:15pm–2:15pm

Where: New Life in Christ Fellowship

1266 44th Ave., Sweet Home



One2Another

1113 Hill St SE Ste. K

Albany, OR 97322

Tel: (541) 570-0284

Web: one2another.net

Sponsored by One2Another in partnership
with Linn County Mental Health